

# MEDICAL EXAMINATIONS IN POLAND

The medical examination process should be completed before the visa appointment. The medical examination and laboratory tests may only be done at the addresses given below. Each applicant is required to show his/her passport as identification at each step of the medical examination process. If you have the visa case number, please bring it, but it is not required for the medical appointment. Medical examinations from physicians or clinics other than those listed below, even those from the United States, are not accepted. The per-person fee for a physical exam in Poland is 250,- zloty including the fee for completing the vaccination report. The fee, which has been established in agreement with the American Embassy in Warsaw, is paid directly to the physician. An additional fee is charged for every required vaccination. Different rates are charged in Belarus, Latvia, Lithuania and Ukraine.

**Prices of the laboratory tests and medical examinations are subject to change. Maximum validity of medical examination results is one year (with at least 6 months' validity required on the day of visa issuance). If the exam has less than 6 months' validity, the visa is limited to the life of the exam.**

**As non-immigrant visa (NIV) applicants, K visa applicants technically are not subject to the vaccination requirement. However, the Department of State strongly encourages K visa applicants to meet the vaccination requirements before admission to the United States. The vaccination assessment is included in the general fee paid to the panel physician. K visa applicants should be aware that they will need to have a full vaccination report completed before their adjustment to legal status in the U.S.**

**Immigrant visa applicants, however, must submit this report as part of the examination process.**

**All visa applicants must bring one color photograph (in addition to photographs required for their visa application) and their passport to the physical exam.**

Visa applicants younger than 15 do not need chest X-ray or blood tests, although they must undergo a general medical examination. Applicants 15 or older should bring the chest X-ray and the results of the blood tests with them to a panel physician shown below. All applicants 15 years and older must be screened for syphilis and HIV infection (HIV-1/HIV-2 antibodies). Applicants below 16 years of age should bring their Child's Health Book. Children under 14 should be accompanied by at least one parent or a guardian.

Before leaving the X-ray lab, make sure that the following information is imprinted on the X-ray itself: your first and last name, passport number, date the X-ray was taken and the name of the X-ray lab. Pregnant visa applicants do not provide a chest X-ray. Immunizations for pregnant women are done only at their wish and upon the recommendation of the panel physician -- never using "live vaccine."

Take the chest X-ray to the United States. Do not bring it to the Embassy.

**No appointment is required for the chest X-ray or blood tests. Nevertheless you must make an appointment with a panel physician for your general medical examination.**

# WARSZAWA

## X-ray

1. Centralne Laboratorium Radiologiczne (Central X-ray Lab.), Warszawa (Śródmieście), ul. Waryńskiego 9, tel. (48)(22) 621 23 49, (48)(22) 625 15 90. Open Monday through Friday between 7:00-19:00. The charge of 57,- zloty is payable directly to the X-ray lab.
2. Zakład Radiologii, Instytut Gruźlicy i Chorób Płuc (X-ray Lab., Tuberculosis and Lung Institute), Warszawa (Wola), ul. Płocka 26, tel. (48)(22) 431 21 16. X-rays are done between 8:30-14:00. The charge of 80,- zloty is payable directly to the laboratory - room 39.

## Syphilis and HIV Blood Screening – Fasting not required

1. Regionalne Centrum Krwiodawstwa i Krwiolecznictwa (Regional Blood and Hemotherapy Center), Warszawa (Saska Kępa), ul. Nobla 2 (on the corner of Saska and Zwycięzców streets), tel. (48)(22) 514 60 18 or 514 60 39, 514 60 40, 514 60 41.

Blood samples are taken every day except Saturdays and holidays between 7:00-14:00. Results of samples taken between 7:00-13:15 are ready to be picked up the same day. Results of samples taken between 13:15-14:00 can be picked up the next day. Results can also be picked up any other day between 7:00-17:00 except Saturdays and holidays. The charge of 46,- zloty for the blood tests is payable directly to the Blood Center.

2. Akademia Medyczna, Centrum Diagnostyki i Leczenia Chorób Przenoszonych Drogą Płciową (Centre for Diagnosis and Treatment of Sexually Transmitted Diseases), Warszawa (Ochota), ul. Koszykowa 82A (close to Starynkiewicza Sq.), 2nd floor, tel. (48)(22) 629 38 23.

Blood samples are taken every day except Saturdays and holidays between 8:00-14:00. Results of samples taken between 8:00-10:00 are ready the same day between 13:00-14:00; those taken after 10:00 are ready the next day between 13:00-14:00 or then every day between 8:00-14:00. The charge of 50,- zloty for the blood test is payable at the institute.

3. Centralne Laboratorium Radiologiczne (Central X-ray Lab.), Warszawa (Śródmieście), ul. Waryńskiego 9, tel. (48)(22) 625 77 69, (48)(22) 621 23 49. Open Monday through Friday between 7:00-19:00.

Blood samples are taken every day except Saturdays and holidays between 7:00-17:00. Results of samples taken between 7:00-15:00 are ready to be picked up the same day. Results of samples taken between 15:00-17:00 can be picked up the next day. Results can also be picked up any other day between 7:00-19:00 except Saturdays and holidays. The charge of 48,- zloty for the blood tests is payable directly to the lab.

## Physical Examination. All vaccinations can be done at each office or at a nearby facility.

1. **Dr. Ewa Cholewinska**, Centrum Medyczne „Delmed” („Delmed” Medical Center), Warszawa (Saska Kępa), ul. Meksykańska 6, tel. (48)(22) 617 15 73 or (48)(22) 616 21 11. From Dworzec Centralny (Central Railway Station) - bus # 507. From Dworzec Wschodni (Eastern Railway Station) - bus #123.

Examinations performed Monday through Friday between 8:00-20:00. For visits on Saturday appointments must be arranged by cell. phone 0-504 242 882 or stationary phones (48)(22) 617 15 73 or (48)(22) 616 21 11.

2. **Dr. Marek Kruk**, Praktyka Lekarsko-Stomatologiczna (Private Clinic), Warszawa (Śródmieście), ul. Górnośląska 24 (turn left - extension of ul. Piękna, about 500 meters from the Embassy), tel.: (48)(22) 374 24 18 or (48)(22) 617 30 21 or cell. phone 0-601 214 672. Office open Monday through Friday between 7:30-16:00. Appointments can be made every day between 7:30-22:00 – cell. phone 0-601 214 672 or (48)(22) 617 30 21. E-mail: [drkruk@poczta.onet.pl](mailto:drkruk@poczta.onet.pl); internet address: [www.drkruk.eu](http://www.drkruk.eu).

3. **Dr. Ewa Swoboda-Kopeć**, Poradnia "Sylfium" („Sylfium” Clinic), Warszawa (Wola), ul.Okopowa 27. From Dworzec Centralny (Central Railway Station) - tram # 22. Please call for an appointment - tel. (48)(22) 632 15 24. Examinations performed Monday through Friday between 10:00-19:00 and on Saturdays between 10:00-13:00.

4. **Dr. Monika Zimna/Dr. Andrzej Gajer**, Centrum Medyczne “Lasermed” („Lasermed” Clinic), Warszawa (Śródmieście), ul. Hoza 58/60 (corner of ul. Poznańska). From Dworzec Centralny (Central Railway Station) – cross the street (Al. Jerozolimskie) to the Marriott Hotel side, then turn left (while facing the Marriott) and then turn right into ul. Poznańska (3rd street). Please call for an appointment - cell. phone 0-605 911 911 (Dr. Zimna) and 0-602 268 826 (Dr. Gajer) or fax (48)(22) 627 15 83. Examinations performed Monday through Friday between 9:00-19:00, and on Saturdays between 9:00-14:00.

## KRAKÓW

### X-ray

1. Pracownia Rentgenowska (X-ray Lab.) "DIAGAMMED", Kraków, ul. Wiślna 9/2. Open Monday through Friday - 8:00-18:00, Saturday - 10:00-13:00, tel. (48)(12) 421 89 51 or (48)(12) 422 8554. Results of X-rays taken between 8:00-13:00 are ready to be picked up after 14:00 the same day; those taken between 13:00-16:00 are ready between 17:00-18:00 the same day. The charge is 35,- zloty.
2. Spółdzielnia Lekarska (Medical Co-op), Kraków, Rynek Główny 37, tel. (48)(12) 422 29 33, (48)(12) 422 88 21. Open every day between 7:15-17:00. The charge is 36,- zloty.

### Syphilis and HIV Blood Screening – Fasting not required.

- 1a. Syphilis test: Spółdzielnia Lekarska (Medical Co-op), Kraków, Rynek Główny 37, tel.(48)(12) 422 29 33 or (48)(12) 422 88 21. Laboratory is open daily except Saturdays and holidays between 7:15-18:00. Results taken before 12:00 will be ready to be picked up the same day. The charge of 21,- zloty is payable at the cashier's desk.
- 1b. HIV infection: Klinika Chorób Zakaźnych Akademii Medycznej (Institute of Infectious Diseases), Kraków, ul. Śniadeckich 5, tel. (48)(12) 421 96 57. Open Monday through Friday except Saturdays and holidays between 8:00-13:00. Results taken before 11:00 are ready to be picked up the same day. The charge of 50,- zloty is payable at the secretary's office, then the blood sample is taken in the Admissions Room.
2. Blood samples are also taken at Centrum Kardiologiczne "Amicor" ("Amicor" Cardiology Center) (where general medical check-ups are also done), Kraków, ul. Krakusow 4, tel. (48)(12) 623 45 45 or (48)(12) 623 45 55 between 9:00-11:00. The fees are: syphilis test - 20,- zloty, HIV infection test - 60,- zloty. Results are ready the same day at 14:00.

## Physical Examination

### **1. Dr. Jacek Markiewicz, Dr. Janusz Otfinowski, Dr. Piotr Pieniążek, Dr. Wiesław Piotrowski.**

Centrum Kardiologiczne "Amicor", Kraków, ul. Krakusow 4, tel. (48)(12) 623 45 45 or (48)(12) 623 45 55. From the Main Railway Station – bus # 14, 24 or tram # 4, 8, 13, 14 (first right turn from ul. Bronowicka past the Bronowice tram terminal at ul. Rydla).

After the blood tests and X-ray are done, it is necessary to call for an appointment with the panel physician. Registration open Monday through Thursday between 9:00-19:00, Saturdays - 9:00-12:00. Examinations performed Monday, Tuesday, Thursday and Friday between 14:00-16:00. Blood tests (syphilis and HIV) and general check-up can be done in one day.

### **2. Dr. Tadeusz J. Russer, Dr. Anna Pospieszalska-Furtak.**

CenterMed Szpital i Przychodnia (CenterMed Hospital and Out-Patient Clinic), Kraków, ul. Łazarza 14. Registration – Monday through Friday between 7:00-21:00, tel. (48)(12) 370 82 00.

From the Main Railway Station – bus # 128 or # 184 or tram # 9, 11, 13, 22, 29, 50.

Blood tests: HIV infection test – 24.- zloty; syphilis test – 8.- zloty. Results are ready the next day.

X-rays are done between 9:00-19:00. The charge of 34,- zloty is payable directly to the laboratory. After the blood tests and X-ray are done, it is necessary to call for an appointment with the panel physician.

Any required vaccinations can also be administered at the clinic.

## POZNAŃ

### **X-ray, syphilis, HIV blood screening and general physical examination**

**Dr. Teresa Gertig**, Poznański Ośrodek Specjalistycznych Usług Medycznych (Poznań Medical Center), Poznań, Al. Solidarnosci 36. Tram # 10 or # 4 to the last stop "Winogrady".

The full medical examination (X-ray, blood tests, missing vaccinations and a general physical examination) is done in one day upon appointment. Registration is open Monday through Saturday between 8:00-20:00, tel. (48)(61) 868-22 52 or cellular phone 0-601 844 088.

The fee schedule: **chest X-ray - 30,- zloty, HIV test - 28,- zloty, syphilis test - 7,- zloty**

---

## MEDICAL EXAMINATIONS IN KIEV, UKRAINE

1. Hospital for Oil-Refining Industry of Ukraine  
8, Mykoly Amosova Str  
03110 Kyiv, Ukraine

Клінічна Лікарня Нафтопереробної  
Промисл.  
вул. Миколи Амосова 8  
03110 Київ , Україна

tel/тел.: [380] (44) 275-4181, 270-2709

---

### MEDICAL EXAMINATIONS IN RIGA, LATVIA

Dr. Livija Caune  
World Trade Center Building  
2 Elizabetes St (1<sup>st</sup> floor)  
Riga, Latvia  
E-mail: drcaune2@latnet.lv  
tel. [371] 6732 1980  
cell. ph. [371] 2913 9115  
fax: [371] 6732 1981

### MEDICAL EXAMINATIONS IN VILNIUS, LITHUANIA

Dr. Richard Cervin  
"Medicina Generalis"  
Gedimino pr. 1A  
LT-2000 Vilnius  
Lithuania  
tel. [370] (5) 261 3534, fax. [370] (5) 261 3537  
cell ph.: (370) 284 33 100

Dr. Ruta Dovydaityene  
"Linkime sveikatos"  
Polocko 44  
LT-01205 Vilnius  
Lithuania  
tel. [370] (5) 262 0202, fax: (370 5) 215 4473  
cell. ph.: (370) 615 53288

---

## MEDICAL EXAMINATIONS IN MINSK, BELARUS

LODE Medical Center,  
1, Gikalo St. (Yakub Kolas Square metro station)  
Minsk, Belarus

tel/тел.: [375] (17) 284-7220 (for all residing outside Minsk)  
111 (for Minsk residents only)

Internet: [www.lode.by](http://www.lode.by)

ООО « ЛОДЭ»  
(название медицинского центра)  
ул. Гикало 1 (станция метро:  
Площадь Якуба Коласа)  
Минск, Беларусь  
тел.: [375] (17) 284-7220  
111 (телефон в Минске)

Интернет-сайт: [www.lode.by](http://www.lode.by)

## VACCINATION REQUIREMENTS

U.S. immigration law requires certain categories of visa applicants to obtain the vaccinations listed below prior to the issuance of a visa.

**As non-immigrant visa (NIV) applicants, K visa applicants technically are not subject to the vaccination requirement. However, the Department of State strongly encourages K visa applicants to meet the vaccination requirements before admission to the United States. The vaccination assessment is included in the general fee paid to the panel physician. K visa applicants will need to have a full vaccination report completed before their adjustment to legal status in the U.S.**

**Immigrant visa applicants, however, must submit this report as part of the medical examination process.**

Panel physicians who conduct medical examinations on behalf of visa applicants are required to verify that visa applicants meet the vaccination requirement, or that it is medically inappropriate for the visa applicant to receive one or more of the listed vaccinations: **mumps, measles, rubella, polio, tetanus and diphtheria toxoids, pertussis, influenza, influenzae type B (HIB), hepatitis A, hepatitis B, varicella, pneumococcal, rotavirus, meningococcal, human papillomavirus (HPV), and zoster.**

To assist the panel physician, and to avoid processing delays, all visa applicants should have their vaccination records available for the physician's review at the time of the medical examination. Visa applicants should consult with their regular health care provider to obtain a copy of their immunization record, if one is available. If you do not have a vaccination record, the panel physician will work with you to determine which vaccinations you may need to meet the requirement. Certain waivers of the vaccination requirement are available upon the recommendation of the panel physician.

Only a physician can determine which of the listed vaccinations are medically appropriate for you, given your age, medical history and current medical condition.